

ALL DOWN = π
OR ALT PICK = πV

SCALES 18
C MAJOR

REPEAT EACH 4-8x
SLOW - MED - FAST

2ND POS
ONE OCTAVE

① C D E F G A B C

EACH NOTE 4x
= ~~fff~~

②

TWO
OCTAVE

③

④

D DORIAN
D E F G A B C D

5TH POS
ONE OCTAVE

⑤

EACH NOTE 4x
= ~~fff~~

TWO
OCTAVE

⑥