

MF DOWN STRUM ALL STUDY 1: LONG NOTES

REPEAT EACH 4-8x
SLOW-MED-FAST

WHOLE NOTE

WHOLE NOTES LAST 4 BEATS. USE A DOWNSTRUM ON BEAT 1-

① E 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

② E M 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

③ E TIED NOTES LAST NORMAL DURATION PLUS DURATION OF NOTE TIED TO.
TWO TIED WHOLE NOTES WILL LAST FOR 8 BEATS.

WHOLE NOTE REST

A WHOLE NOTE REST ASKS TO PLAY NOTHING OR "REST" FOR 4 BEATS. USE STRUMMING HAND TO SILENCE THE STRINGS.

④ E 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

⑤ E M 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

⑥ E 1 2 3 4 1 2 3 4 E M 1 2 3 4 1 2 3 4

⑦ E 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

E M 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

⑧ E M 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

E 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4