

A# = Bb

RHYTHMS

SCALES II PART I

REPEAT EACH 8-12x
SLOW-MED-FAST

FOR SCALES: 1, 2, 3, 4 A# MAJOR

① F G A A# C D D# F G A A# C D D# F G A A# 1ST POS

② A# C D D# F G A A# C D D# F G A A# 3RD POS

A# MAJOR NEXT POSITION UP

CONNECT POSITIONS ON ONE STRING (3 5 6)

③ (A) (B) (C)

④ (A) (B) (C)

ASCEND 1ST POS - DESCEND 3RD POS

⑤

ASCEND 3RD POS - DESCEND 1ST POS

⑥