

M = DOWN
V = UP

STRUM PATTERN + CHORD PROGRESSIONS 23

REPEAT EACH 8-12x
SLOW-MED-FAST

Diagram showing strum patterns and chord diagrams for F, Dmi7, and C7. The patterns are: F (M V M V M V M V), Dmi7 (M V M V M V M V), and C7 (M V M V M V M V). Chord diagrams are shown above the patterns.

① F M A S⁷

② D m i 7

③ F M A S⁷

D m i 7

④ F M A S⁷ D m i 7

⑤ F M A S⁷ D m i 7 F M A S⁷ D m i 7

⑥ F M A S⁷ G M A S⁷

⑦ D m i 7 C M A S O R 7

⑧ F M A S⁷ A m i 7

G m i C⁷

⑨ D m i 7 E m i 7