

DOWN PICK =  $\nabla$   
OR ALT PICK =  $\nabla$ V

# SCALES 20 A MAJOR

REPEAT EACH 4-8X  
SLOW - MED - FAST  
4TH POS  
ONE OCTAVE

① A B C# D E F# G# A

5 7 4 5 7 4 6 7 6 4 7 5 4 7 5

②

5 5 5 5 7 7 7 7 4 4 4 4 5 5 5 5 7 7 7 7 4 4 4 4 6 6 6 6 7 7 7 7

EACH NOTE 4X  
=  $\nabla$  $\nabla$  $\nabla$  $\nabla$

TWO  
OCTAVE

③

5 7 4 5 7 4 6 7 5 7 7 5 7 6 4 7 6 4 7 5 4 7 5

④

B C# D E F# G# A B B DORIAN

7 9 10 7 9 6 7 9 7 6 9 7 10 9 7

6TH POS  
ONE OCTAVE

⑤

7 7 7 7 9 9 9 9 10 10 10 10 7 7 7 7 9 9 9 9 6 6 6 6 7 7 7 7 9 9 9 9

EACH NOTE 4X  
=  $\nabla$  $\nabla$  $\nabla$  $\nabla$

TWO  
OCTAVE

⑥

7 9 10 7 9 6 7 9 6 7 9 7 9 10 7 9 10 9 7 9 7 6 9 7 6 9 7 10 9 7