

A#MA#S = F#M1
RELATIVE MAJOR/MINOR

SCALES 20 PART 1
PICK ALL OR NONE
REPEAT EACH 8-12x
SLOW-MED-FAST

RHYTHMS FOR SCALES:
1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12

① (A) A B C# D E F# G# A B C# D E F# G# A B C#
 (B) 7

4TH Pos
ALSO 28VA

F#MINOR/A#MA#S
 (A) F# G# A B C# D E F# G# A B C# D E F# G# A
 (B) 7

2ND Pos
ALSO 28VA

CONNECTING POSITIONS ON ONE STRING

(A) (B) (C)

(4) (A) (B) (C) 2 4 5 7 9 7 5 4

(5) ASCEND 4TH Pos — DESCEND 2ND Pos

(6) ASCEND 2ND Pos — DESCEND 4TH Pos