

RHYTHMS ① 1 2 3 4 1E+A 2 3 4 1E+A 2 3+ 4 1 ZETA 3 4 REPEAT EACH 4-8X

② 1E+A 2+ 3 4 1+ 2+ 3E+A 4 1 2 3 4 1 ZETA 3 4

③ 1TL 2TL 3 4 1E+A 2+ 3+ 4+ 1 2 3 4 1E+A 2+ 3+ 4

④ 1 ZETA 3+ 4 1+ 2+ 3TL 4 1E+A 2+ 3+ 4 1 2 3 4

⑤ 1 2+ 3E+A 4 1 2TL 3 4 1E+A 2+ 3+ 4 1 ZETA 3+ 4

⑥ 1 2 3 4 1E+A 2+ 3 4 1 ZETA 3 4 1+ 2+ 3TL 4

⑦ 1 2 3E+A 4 1+ 2+ 3 4 1TL 2TL 3TL 4TL 1 2 3E+A 4

⑧ 1E+A 2+ 3+ 4+ 1 2 3 4 1E+A 2+ 3 4 1TL 2 3E+A 4

RUDIMENTS

FLAM - ALTERNATING DOUBLES WITH FLAM TAP AND ACCENT ON FIRST NOTE OF DOUBLE

① > > L R R L L

② > > L R R L L R

③ > > L R R L L R

④ > > L R R L L R

⑤ > > L R R L L R