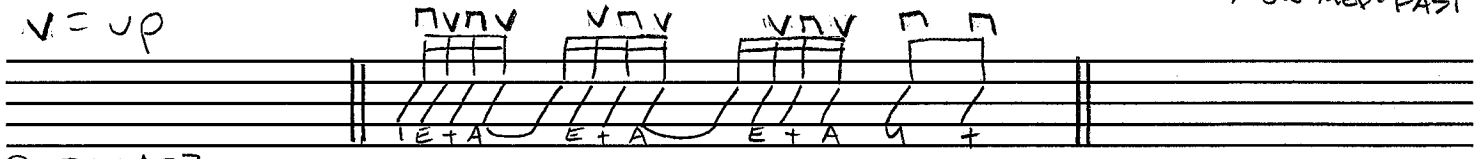
STRUM PATTERN + CHORD PROGRESSIONS 24

⊓ = DOWN
V = UP

REPEAT EACH 8-12X SLOW-MED-FAST



1. BbMAJ7
2. GMI7
3. BbMAJ7
   GMI7
4. BbMAJ7 GMI7
5. BbMAJ7 GMI7 BbMAJ7 GMI7
6. BbMAJ7 CMI7
7. GMI7 FMI7
8. BbMAJ7 DMI7
   F7 G7
9. GMI7 C7