

∩ = DOWN
∪ = UP

STRUM PATTERN + CHORD PROGRESSIONS 8

REPEAT EACH 8-12X
SLOW-MED-FAST

∩ ∪ ∩ ∪ ∪ ∩ ∪ ∩ ∪ ∪ ∩ ∪ ∩ ∪

1 E+A 2 + 3 E+A 4 +

① C#

② C#m1

③ C#

C#m1

④ C# C#m1

⑤ C# C#m1 C# C#m1

⑥ C# B

⑦ C#m1 E

⑧ C# Am1

Em1 E

⑨ C#m1 Dm1