

RHYTHMS

RHYTHMS AND RUDIMENTS 20

REPEAT EACH 4-8x
SLOW-MED-FAST

① 1 2 3 4 TL TL 1 2 3 TL TL 4 1 2 + 3 4 + 1 2 TL TL 2 3 + 4

② 1 TL TL 2 3 4 1 + 2 + 3 4 TL 1 2 3 4 1 2 TL TL 3 4

③ 1 + 2 3 TL TL 4 1 2 TL 3 4 1 EA 2 EA 3 + 4 + 1 2 3 TL TL 4

④ 1 + 2 + 3 + 4 1 2 3 4 1 TL TL 2 3 + 4 1 + 2 3 4 TL TL

⑤ 1 2 3 EA 4 1 2 3 TL TL 4 1 2 + 3 TL TL 4 TL 1 + 2 3 + 4

⑥ 1 2 3 4 1 TL TL 2 3 + 4 1 + 2 EA 3 EA 4 1 2 TL TL 3 4 +

⑦ 1 2 3 4 TL TL 1 + 2 + 3 4 1 + 2 + 3 TL TL 4 1 2 + 3 4 +

⑧ 1 2 TL TL 3 + 4 1 + 2 + 3 EA 4 1 TL TL 2 3 + 4 + 1 2 3 4

RUDIMENTS

FLAM PARADIDDLE-DIDDLE = FLAM FIRST NOTE OF PARADIDDLE-DIDDLE

① L R L R R L L

② L R L R R L L R L R R L L R L R R L L R L R R L L

③ L R L R R L L R L R R L L

④ L R L R R L L R L R R L L R L R R L L

⑤ L R L R R L L R L R R L L R L R R L L