

# RHYTHMS

# RHYTHMS AND RUDIMENTS 22

REPEAT EACH 4-8x  
SLOW-MED-FAST

① 1 2 3 4

ITL+TL 2 3+ 4 1+ 2+ 3TL+TL 4

1E+A 2+ 3 TL+TL

② 1 2 3 4

2TL+TL 3TL+TL 4TL+TL

1 2 3E+A 4

ITL+TL 2 3+ 4

③ 1TL+TL 2 3 4E+A

1E+A 2+ 3TL+TL 4TL+TL

1 2TL 3 4

1+ 2TL+TL 3 4

④ 1E+A 2E+A 3+ 4

ITL 2TL 3 4

1 2 3 4

ITL+TL 2 3TL+TL 4

⑤ 1+ 2+ 3TL+TL 4

1 2 3TL 4

1 2TL 3

1+ 2+ 3+ 4+

⑥ ITL 2 3TL 4

1+ 2+ 3TL+TL 4TL+TL

ITL+TL 2 3 4

1 2 3 4

⑦ 1+ 2+ 3 4

ITL+TL 2 3 4E+A

ITL 2 3 4TL+TL

ITL 2+ 3+ 4

⑧ ITL+TL 2 3+ 4

1 2TL+TL 3 4

1 2TL+TL 3 4TL+TL

1 2 3 4

# RUDIMENTS

SINGLE DRAGADIDDLE = PARADIDDLE WHERE FIRST NOTE IS A DRAG

① 1+ 2 3 RR LR R

RR LR R  
LL RL L

② 1 E+A 2

RR LR  
LL RL

③ 1 E+A 2

RR LR L  
LL RL R

RR LR L R  
LL RL R L

⑤ 1 E+A 2 E+A

RR LR LL RL