

∩ = DOWN
 v = UP

STUDY 17: ALTERNATE PICKING

REPEAT EACH 48X
 SLOW-MED-FAST

ALTERNATE OR "ALT" PICKING IS A TECHNIQUE USING BOTH DOWN AND UP MOTIONS.

THE STRUMMING HAND CAN HOVER ABOVE

STRINGS OR REST WITH PALM ON THE BRIDGE AND STRINGS. A PINKY ANCHOR CAN ALSO BE USED LOWER TO THE FIRST STRING RESTING ON BODY OF GUITAR

∩ v ∩ v ∩ v ∩ v
 ∩ v ∩ v ∩ v ∩ v

② ∩ v ∩ v ∩ v ∩ v ∩ v RPT-
 ∩ v ∩ v ∩ v ∩ v ∩ v

③ RPT- ∩ v ∩ v ∩ v ∩ v ∩ v

④ ∩ v ∩ v ∩ v ∩ v ∩ v

⑤ ∩ v ∩ v ∩ v ∩ v ∩ v

⑥ ∩ v ∩ v ∩ v ∩ v ∩ v

⑦ ∩ v ∩ v ∩ v ∩ v ∩ v RPT-
 ∩ v ∩ v ∩ v ∩ v ∩ v

⑧ RPT- ∩ v ∩ v ∩ v ∩ v ∩ v

⑨ ∩ v ∩ v ∩ v ∩ v ∩ v

⑩ ∩ v ∩ v ∩ v ∩ v ∩ v

⑪ E MAJOR SCALE
 ∩ v ∩ v ∩ v ∩ v ∩ v RPT-
 ∩ v ∩ v ∩ v ∩ v ∩ v

⑫ ∩ v ∩ v RPT-
 ∩ v ∩ v ∩ v ∩ v ∩ v

⑬ ∩ v ∩ v ∩ v ∩ v ∩ v

⑭ ∩ v ∩ v ∩ v ∩ v ∩ v

⑮ ∩ v ∩ v ∩ v ∩ v ∩ v

⑯ A MINOR SCALE
 ∩ v ∩ v RPT-
 ∩ v ∩ v ∩ v ∩ v ∩ v