

M=DOWN  
V=UP

# STRUM PATTERN + CHORD PROGRESSIONS 4

REPEAT EACH 8-12x  
↳ LOW-MED-FAST

Diagram showing the strum pattern and chord fingerings for the first exercise. The strum pattern is  $\square \nabla \square \nabla$ . The chord fingerings are: A (E+A), 2, 3, 4.

① A

② Am

③ A

Am

④ A Am

⑤ A Am A Am

⑥ A G

⑦ Am D

⑧ A E

Em Dm

⑨ Am Gm