

RHYTHMS

RHYTHMS AND RUDIMENTS I

REPEAT ALL 4-8X
SLOW - MED - FAST

① 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

② 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

③ 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

④ 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

⑤ 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

⑥ 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

⑦ 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

⑧ 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

RUDIMENTS FLAMS FLAMS: HIT ONE STICK JUST BEFORE OTHER GRACE NOTE ACCENT > STRONGER

① LR LR LR LR

② LR LR LR LR

③ LR LR LR LR

④ LR LR LR LR

⑤ LR LR LR LR

⑥ LR LR LR LR

2