

↑ = DOWN  
PICK ALL

# SCALES 12 G MAJOR

REPEAT EACH 4-8X  
SLOW-MED-FAST  
OPEN POS  
ONE OCTAVE

① G A B C D E F# G

3 0 2 3 0 2 4 0 | 4 2 0 3 2 0 3

EACH NOTE  
3X =  $\frac{111}{111}$   
ALSO DESCEND

②

3 3 3 0 0 0 2 2 2 3 3 3 | 0 0 0 2 2 2 4 4 4 0 0 0

TWO  
OCTAVE

③

3 0 2 3 0 2 4 0 2 0 1 3 0 2 3 2 0 | 3 1 0 2 0 4 2 0 3 2 0 3

OPEN POS  
ONE OCTAVE

④ C D E F G A B C  
C MAJOR

2 0 2 3 0 2 0 1 | 0 2 0 3 2 0 3

⑤

2 3 3 0 0 0 2 2 2 3 3 3 | 0 0 0 2 2 2 0 0 0 1 1 1

EACH NOTE  
3X =  $\frac{111}{111}$   
ALSO DESCEND

TWO  
OCTAVE

⑥

3 0 2 3 0 2 0 1 3 0 1 3 5 7 8 7 5 3 1 0 | 3 1 0 2 0 3 2 0 3